

## Another Holistic Vet Uses a Similar Diet

W. Jean Dodds, DVM, is renowned for her research on the canine immune system. Founder and president of Hemopet, a national canine blood bank, Dr. Dodds is also an expert on veterinary vaccines and dogs with thyroid problems.

In a presentation to the 2004 conference of the American Holistic Veterinary Medical Association, Dr. Dodds mentioned that her recommended home-prepared “liver-sparing” diet works very well for canine epilepsy patients. She added, “Dr. John Symes has a similar diet that he uses for epilepsy patients, but he came to it from another place altogether. Without knowing it, we’ve been doing the same thing.”

We asked Dr. Dodds to comment on Dr. Symes’ diet. She said, “I think his diet is excellent. We use something very similar for all of our inflammatory bowel patients and it turns out to be excellent. Some nutritionists who have read about the diet say, ‘You can’t feed that! It’s unbalanced.’ But I have people say, ‘My dog was on death’s door until we put him on that diet, and he is still alive four years later.’”

### **Dr. Dodds’ basic liver cleansing diet:**

Boiled white potato/sweet potato (1:1)

Cooked white fish

Mix 2/3 potato and 1/3 fish. Can be augmented with boiled carrots, garlic, mixed Italian herbs, and a liquid multivitamin/mineral supplement for dogs.